



# Introduction to Biodynamic Craniosacral Therapy

Friday evening Oct. 26<sup>th</sup> - Sunday Oct. 28<sup>th</sup> 2012

with Dr. Angelika Schultz

Craniosacral Therapy Instructor since 2003

This class will give you an introductory overview of how to include the fluid body as well as the slower rhythms into your craniosacral work. **The small group size allows for very personalized feedback and individual questions.**

The founder of Craniosacral Therapy, William G. Sutherland, talked about the “**Breath of Life**” as the power of the universal intelligence that manifests itself in different layers of the craniosacral movement.

In this first biodynamic class, you will learn how to listen to the Breath of Life as it unfolds in the slower rhythms of the craniosacral system, the mid tide and the long tide. Being able to connect with the longer tides allows you to reach a deeper contact with the life force and self healing forces in yourself and your clients. It might even open a door to spiritual dimensions.

It is also an **important tool for working with babies** and children, and a requirement for classes that teach Craniosacral Therapy for babies.

You will also:

- start working with the midline and the 4 ventricles of the brain
- learn to differentiate between bony or membranous movements and fluid movements
- learn to facilitate deep relaxation of the autonomic nervous system
- practice negotiating distance and appropriate contact
- learn how to access a practitioner neutral and establish practitioner fulcrums.

Some of these techniques are important for **self care** – you don’t want to take on your client’s symptoms. But they also improve your skills of making contact and listening, and they **improve your level of perception.**

## Time:

Friday, October 26<sup>th</sup>: 5pm-9pm; Saturday, October 27<sup>th</sup>: 11am-6pm; Sunday, October 28<sup>th</sup>: 10am-5pm

Location: CranioSacral ~ Birth Integration ~ Healing Center  
243 Gallagher Court, Erie CO 80516

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## Dr. Angelika Schultz

German Medical Doctor and Chiropractor  
Craniosacral Therapist and Instructor  
Birth Integration Therapist  
Birth Doula

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**Cost:** \$375    payment plans available.

**Early Bird:** \$333 if you register by Monday, 9/17

There is a \$75 deposit to reserve your place in the class. This deposit is deducted from the total tuition fee. If you cancel the class before 10/5, the deposit will be refunded. There is no refund with a later cancellation. Please send your application form and the deposit to my address below. Make checks payable to Dr. Angelika Schultz.

**Requirements:** basic training in Craniosacral Therapy  
such as Upledger Level I or similar

**Maximum Number of Participants:** 12

**Pre-registration required.**

**To register** or for more information please contact  
me at 303-828-4330 or [angelika@cranioworld.com](mailto:angelika@cranioworld.com)

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### Application Form

I'm signing up for the class: **"Introduction to Biodynamic Craniosacral Therapy"**, from October 26<sup>th</sup> to October 28<sup>th</sup> 2012 with Dr. Angelika Schultz. I have read and accepted the cancellation policy above.

#### Personal information:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Occupation \_\_\_\_\_ Date of Birth \_\_\_\_\_

Home Phone \_\_\_\_\_ Business Phone \_\_\_\_\_

Email \_\_\_\_\_

Training in Craniosacral Therapy \_\_\_\_\_

Date:

Signature:

#### Dr. Angelika Schultz

German Medical Doctor and Chiropractor  
Craniosacral Therapist and Instructor  
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