



**Dr. med. Angelika Schultz**

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Birth Integration Therapist  
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## Discover Your Authentic Self - Through Birth Integration

Welcome to this life-changing workshop

with Dr. Angelika Schultz

November 1<sup>st</sup> – 4<sup>th</sup> 2012

**Our soul feels from the beginning.**

**This workshop helps you to discover who you really are by exploring and integrating your earliest experiences from prenatal life and birth. It enables you to find your true self and unique expression, and to become the person you always wanted to be.**

### What others have to say:

*“Life is wonderful! Thanks again for your magical guidance! I am finally experiencing myself fully arrived in my true life! And I am carrying a deep smile inside me, as my treasure and little sanctuary. My heart leaps with joy, I am happy that I am born, and I feel wonderful! I am very grateful for this amazing experience!”*

Elke Overbeck, HP, Craniosacral Therapist, Berlin, Germany, web: [elke-overbeck.de](http://elke-overbeck.de)

*I feel that I finally am myself. I am acting with peace and inner strength, which I always assumed I would have, but could not access. And now my inner strength is right here with me. I feel anew, feel newly born – and I am saying this with all my heart! Thank you so much for this amazing experience! I feel blessed that I could be part of it. These four days have an unbelievable and surprising aftermath. I am amazed and grateful!*

Iris Garlipp, Berlin, Germany, mom of 3, marketing specialist, web: [meehrsinn.de](http://meehrsinn.de)

- Were you born by **c-section**?
- Did your mother receive **pain medication during labor**?
- Did a doctor **induce** the beginning of your birth?
- Do you find it hard to finish anything?
- Do you have the strange feeling that you live your life for someone else?
- Do you struggle with the challenge of creating a healthy relationship?

**Birth Integration will change your life!**

**This workshop is an excellent tool:**

- **For all, who are looking for personal growth and healing.**
- **For parents or future parents.** This work will help you to become the parents you wish to be.
- **For health practitioners and birth professionals.** This work will enable you to serve your clients, and especially babies, with a new consciousness.
- **For actors, scriptwriters, and artists.** Discovering detailed facets of your authentic self improves your creativity and allows you to find your unique artistic expression.

**Through Birth Integration you will be able to create more options for your current behavior and for being in a healthy relationship. You will meet your genuine self and find new ways of stepping up to that wonderful person you always wanted to be.**

**This four-day workshop offers** a safe and nurturing environment for the discovery journey toward yourself and your very early history. Experiences before, during, and shortly after birth have a huge impact on how we see the world, how we act in it, and how we build our relationships. These pre-verbal recollections are stored in our body memory. From there they influence our behavior. Integrating these recollections from our cell memory into our conscious experience starts a deep and profound transformational process.

**Time:**            **Thursday**    **11/01/12**    **10 am – about 7 pm**  
                       **Friday**        **11/02/12**    **10 am – about 7 pm**  
                       **Saturday**    **11/03/12**    **10 am – about 7 pm**  
                       **Sunday**       **11/04/12**    **10 am – about 5 pm**



As with real births, you never know how long it will take. Allowing the sessions to unfold in their own time can heal some early imprints that interfered with your inner time frame – such as an induced or augmented birth process or a cesarean section scheduled before the due date. I’m therefore asking the participants to not make other arrangements for the evenings, so that you can support each other even if it should take a little longer than the time scheduled above.

**Location:**            **CranioSacral ~ Birth Integration ~ Healing Center**  
                                  **243 Gallagher Court, Erie, CO 80516**

**Workshop Fee:**    **\$680**

**Student Fee:**      **\$395**

Payment plans available. There is a \$100 deposit to reserve your place in the class. This deposit is deducted from the total workshop fee. If you cancel the class before October 11<sup>th</sup>, the deposit will be refunded. There is no refund with a later cancellation. Please send your application form and the deposit to my address above. Make checks payable to Angelika Schultz.

**Maximum Number of Participants: 6    Pre-registration required.**

**To register** or for more information please contact me at 303-828-4330 or [angelika@cranioworld.com](mailto:angelika@cranioworld.com)

**You can find additional information about this workshop on my website:**

[www.cranioworld.com](http://www.cranioworld.com)

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**Application Form**

I’m signing up for the workshop: **“Discover Your Authentic Self”**, from November 1<sup>st</sup> to 4<sup>th</sup> 2012 with Dr. Angelika Schultz. I have read and accepted the cancellation policy above.

**Personal information:**

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Occupation \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Business Phone \_\_\_\_\_  
 Email \_\_\_\_\_

Date:

Signature:

